



Depresión infantil: Recursos y apoyo

ORGANIZACIONES

Línea nacional de prevención de suicidios
(800) 273-TALK (8255)

Asociación estadounidense de psiquiatras
de niños y adolescentes
www.aacap.org

Asociación estadounidense de psicología
www.apa.org
(800) 374-2721

Asociación estadounidense de psiquiatría
www.psych.org
(888) 357-7924

Mental Health America
www.MentalHealthAmerica.net
(703) 684-7722
Toll free: (800) 969-6642
TTY line: (800) 433-5959

Alianza nacional de enfermedades
mentales
[www.nami.org/helpline/depression-
child.html](http://www.nami.org/helpline/depression-child.html)
(800) 950-6264

Instituto nacional de salud mental
www.nimh.nih.gov
(301) 443-4513

Cirujano general
www.surgeongeneral.gov

Departamento de Educación de los Estados
Unidos
Departamento de Educación Especial
Sitio Web del programa IDEA
<http://idea.ed.gov/explore/home>

LIBROS

The Childhood Depression Sourcebook by Jeffrey A. Miller. NTC, 1999.

Depressive Disorders in Children and Adolescents: Epidemiology, Risk Factors and Treatment edited by Cecilia Essau. Aronson, 1999.

Growing Up Sad: Childhood Depression and Its Treatment by Leon Cytry, et al. W.W. Norton, 1998.

Handbook of Depression in Children and Adolescents by John R. Z. Abela, PhD and Benjamin L. Hankin, PhD. The Guilford Press, 2007.

“Help Me, I’m Sad”: Recognizing, Treating and Preventing Childhood and Adolescent Depression by David G. Fassler and Lynne S. Dumas. Penguin, 1998.

Lonely, Sad and Angry: How to Help Your Unhappy Child, first edition, by Barbara D. Ingersoll, Ph.D. and Sam Goldstein, Ph.D. Specialty Press/A.D.D. Warehouse, 2001.

My Feeling Better Workbook: Help for Kids Who Are Sad and Depressed by Sara Hamil. New Harbinger Publications, 2008.

Parent Handbook on Childhood and Adolescent Depression by Erika's Lighthouse: A Beacon of Hope for Adolescent Depression, 2009.

Raising Depression-Free Children: A Parent's Guide to Prevention and Early Intervention by Kathleen Hockey. Hazelden, 2003.

Survival Guide to Childhood Depression by Susan E. Dubuque. Ching Chong, 1996.

Treating Childhood Behavioral and Emotional Problems: A Step-by-Step, Evidence-Based Approach by Andrew R. Eisen Ph.D. The Guilford Press, 2007.

Para solicitar más información, comuníquese con
nosotros llamando al:
1-855-959-7340

O ingrese en nuestro sitio Web en:
www.ichpcolorado.com
y consulte

Información destacada...